

# ANIMATION PROGRAM

**OCTOBER**

EN

## MONDAY

15:30-16:00 **Water aerobics**, indoor pool

## TUESDAY

15:30-16:00 **Water aerobics**, indoor pool

## WEDNESDAY

11:45-12:15 **Stretching exercises by the sea**, meeting point at the reception

12:30-15:15 **Recreational walk to the Strunjan salt pans**, meeting point at the hotel reception

15:30-16:00 **Water aerobics**, indoor pool

## THURSDAY

15:30-16:00 **Water aerobics**, indoor pool

## FRIDAY

15:30-16:00 **Water aerobics**, indoor pool

# ANIMATIONPROGRAMM

**OKTOBER**

DE

## MONTAG

15:30-16:00 **Wasseraerobic**, Hallenbad

## DIENSTAG

15:30-16:00 **Wasseraerobic**, Hallenbad

## MITTWOCH

11:45-12:15 **Dehnübungen am Meer**, Treffpunkt an der Rezeption

12:30-15:15 **Freizeitwanderung zu den Salinen von Strunjan**, Treffpunkt an der Hotelrezeption

15:30-16:00 **Wasseraerobic**, Hallenbad

## DONNERSTAG

15:30-16:00 **Wasseraerobic**, Hallenbad

## FREITAG

15:30-16:00 **Wasseraerobic**, Hallenbad