



Modern  
technologies

# Extracorporeal shock wave therapy and TECAR therapy

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**ZDRAVSTVENI CENTER  
TERME 3000 – MORAVSKE TOPLICE**

# Extracorporeal shock wave therapy (ESWT)

brings energy into the body which helps to **break down various calcifications, speed up blood circulation, destroy pain receptors and, as a result, speed up metabolism and the formation of pain-relieving substances in the tissue.** The number of treatments necessary depends on the individual diagnosis. Calluses or heel spurs require at least 6 treatments in most cases. When first consulting a physiotherapist, it is highly recommended to bring some relevant test results (X-ray or ultrasound results of the affected area). Therapy is carried out once a week. It is recommended in combination with pain-relieving TECAR therapy.

## Extracorporeal shock wave therapy is effective for:

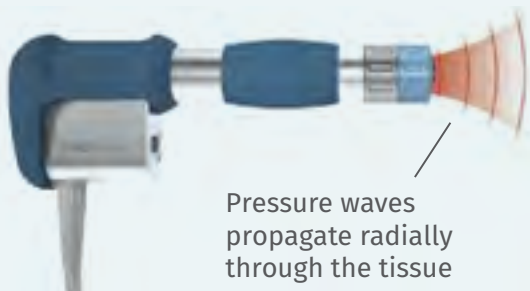
- Heel pain (heel spurs)
- Painful and restricted shoulder movement
- Chronic pain in the elbow, Achilles tendon, neck, shoulder and back (muscle knots)
- Knee pain due to tendonitis (jumper's knee)
- Pain due to inflamed joint fluid sacs (bursitis)
- All forms of tendonitis (tennis elbow or epicondylitis)

Extracorporeal shock wave therapy is contraindicated in haemophilia, patients receiving anticoagulant therapy, thrombosis, malignancy, pregnancy, polyneuropathy, growing children and cortisone therapy.

Extracorporeal shock wave therapy with physiotherapist consultation - 1 visit... € 54.00

## Extracorporeal shock wave therapy packages with physiotherapist consultation

3 visits	5 visits	6 visits	7 visits	8 visits
€ 120	€ 190	€ 216	€ 238	€ 256



# Pain-relieving TECAR therapy

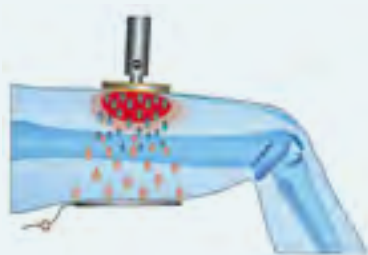
Therapies with the TECAR system are extremely effective and give fast results, thus quickly and effectively improving or restoring quality of life. TECAR energy is a high-frequency current that accelerates the natural regeneration of organic tissue. Due to its exceptional effectiveness, it quickly shows results, with the patient feeling an immediate reduction in pain and enjoying a quick recovery. With the TECAR method, rehabilitation therapy is entering a new era characterised by shorter therapy times and immediate results.

## **TECAR works quickly and effectively for:**

knee, shoulder, ankle, hip, spine, hand and muscle injuries, as well as painful inflammatory joint and muscle pathologies such as arthrosis, lumbago and sciatica. The therapy works locally - on the part of the body that we want to treat.

## **Effects of TECAR therapy:**

- Relieves pain
- Improves surface and deep-tissue blood circulation, while at the same time increasing the energy potential of cell membranes
- Improves tissue regeneration
- Stimulates venous and lymphatic drainage



**Therapeutic advantages of TECAR therapy:** Positive effects are already noticeable after first use, with immediate pain-relief.

**The only contraindications are:** pacemakers and pregnancies

Before starting the therapies, consult a physiotherapist. In the case of purchasing a package of 3 or 5 TECAR therapies, a consultation with a physiotherapist is included in the price. When purchasing only one therapy, a consultation with a physiotherapist is charged additionally, according to the valid price list.

**Consultation with a physiotherapist 10 min... € 14.00**

Duration	price for 1 therapy session	Price for the package with 3 therapy sessions (consultation with a physiotherapist included)	Price for the package with 5 therapy sessions (consultation with a physiotherapist included)
10 minutes	€ 24	€ 68	€ 108
20 minutes	€ 36	€ 103	€ 162
30 minutes	€ 48	€ 137	€ 216

# Package offer for shock wave therapy (ESWT) and TECAR therapy

For even better and faster results, we recommend a combination of extracorporeal shock wave therapy and pain-relieving TECAR therapy. By combining extracorporeal shock wave therapy with TECAR therapy, we mitigate the aggressiveness of the therapy, and by increasing blood circulation, speed up the course of rehabilitation.

Extracorporeal shock wave therapy + TECAR 10 minutes - 1 session \* € 64

Extracorporeal shock wave therapy + TECAR 20 minutes - 1 session \* € 76

\* When purchasing only one therapy, a consultation with a physiotherapist is charged additionally, according to the valid price list.

**Consultation with a physiotherapist 10 min... € 14.00**

**Combination packages** (consultation with physiotherapist included)

	Duration	3 visits	5 visits	6 visits	7 visits	8 visits
Extracorporeal shock wave therapy + TECAR	10 min	€ 189	€ 290	€ 324	€ 357	€ 384
Extracorporeal shock wave therapy + TECAR	20 min	€ 216	€ 340	€ 390	€ 427	€ 456

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## TERME 3000 – MORAVSKE TOPLICE

SAVA HOTELS & RESORTS

Prices are in EUR and valid from 20.1.2023. The prices are inclusive of VAT in accordance with the law.

We reserve the right to change the prices.

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