



MEDICO-WELLNESS VALENS AUGUSTA

TERME PTUJ





Massages

	DURATION	PRICE
Valens Augusta Massage Full body massage with an "anti-stress" head massage and a foot massage. This massage is a special massage that you can only experience in the Valens Augusta Wellness Centre.	50 min	44€
A relaxation massage with wine oil A full body massage with pads filled with grape seeds activates and improves blood circulation and is used for reconstruction and nutrition of skin.	50 min	43 €
Cocoa massage Fight off discomfort and stress with a manual body massage applying cocoa butter, which will lift your spirits by stimulating serotonin, the hormone of happiness.	45 min	44 €
"Anti-stress" head and back massage A back, head and shoulders massage that provides physical and mental relaxation.	30 min	34 €
Classic full body massage This full body massage improves blood circulation, relaxes the muscles and calms the nerve system.	45 min	42 €
Classic body massage - partial A back massage that relaxes the muscles and calms the nerve system.	30 min	32 €
Primus massage A classic back massage with clay, which works as an anti- inflammatory, detoxifies the body, relaxes the muscles and stimulates the regeneration of healthy cells.	50 min	48 €
Roman back massage A back massage with wine oils, used to reduce stress and tension and to improve mental and physical condition.	20 min	27 €

BABOR TAO MASSAGE whole body massage with warm volcanic rocks Massage starts with a facial care and continues down the body using hot stones for a complete relaxation of muscle tissue.	duration 60 min	PRICE 52 €
Therapeutic back massage Manual back and shoulder therapy has been proven to be the most effective technique to eliminate chronic pain, tension, and other functional disorders. To achieve permanent effects, it is recommended to have several successive massages (available only at specific terms).	30 min	37 €
"Apres golf" massage A manual massage of the back, shoulders, hands and feet will relax your body and fill you with energy.	40 min	40 €
Foot massage Manual therapy improves blood circulation and reduces foot fatigue.	20 min	25 €
Facial and cleavage massage Classic manual therapy softly activates facial muscles, stimulates blood circulation and smooths out wrinkles.	20 min	27 €
Lymphatic drainage (PRESSO) Presso lymphatic drainage accelerates the lymphatic flow, detoxification, and clearance of excessive fluids. It is also recommended for the treatment of cellulite and after cavitation.	40 min	29 €
Full-body sports massage The sports massage is more intensive than a traditional manual massage. Sports massage therapies eliminate muscle pain and relax tired muscles, preparing the body for further strain.	50 min	55 €
Sports massage, partial (back or legs)	30 min	38 €





MED VISAGE, natural facial rejuvenation with immediate effects

Stop the time and enjoy natural facial rejuvenation with Med Visage, a completely safe, painless, and skin-friendly ultrasound in-depth treatment for your face, neck, and décolleté. You will be impressed by the visibly smoother skin and the reduction of wrinkles even after the first treatment. The newly-created collagen will help your skin keep its fresh and youthful look for as long as possible.

- One of the most effective treatments for facial rejuvenation
- · Leading alternative to surgical face lifting
- · Facial skin is smoother, tighter nad refreshed
- A perfectly safe and painless procedure supervised by a physician

Contraindications:

- The user should have healthy, 100% functioning kidneys and liver
- There are no metal implants on any person in the vicinity
- · The user has no cardiovascular diseases
- · The user has no metabolic diseases
- The user has no other serious diseases
- The user is not pregnant
- The user is not suffering from thrombosis
- The user is not affected by serious fat metabolism disorders
- The user is not undergoing anticoagulant therapy
- The user does not have a pacemaker

DURATION up to 90 min

PRICE 160 €



Facial treatments with REVIDERM dermal cosmetics

The face reflects the true condition of the skin. Treat it to natural regeneration and rejuvenation with the most up-to-date technology and Reviderm premium cosmetics.

The combination of Reviderm treatments and dermal cosmetics is effective against the causes of a variety of skin problems. The treatments stimulate and regenerate the skin, giving it a youthful appearance in a natural way. For the best results, we recommend a combination of treatments with Reviderm premium dermal cosmetics. Reviderm products are rich in biologically active ingredients that are scientifically proven to penetrate deep into the skin.

The advantages of Reviderm treatments:

- The treatment is based on an analysis of your skin.
- We solve the causes of various skin problems.
- Our experts provide one-on-one advice on the specific needs of your skin.
- The scientifically proven deep absorption of ingredients into the skin.
- The products contain no preservatives or allergens.

Microdermabrasion

A natural exfoliation procedure used to regenerate and revitalise the skin. Fine crystals are used to remove dead skin cells. The crystals have a very even effect and do not damage the epidermis. Microdermabrasion with fine crystals is suitable even for thin and sensitive skin. Combined with premium dermal cosmetics, the results are impressive.

The advantages of microdermabrasion crystal treatment:

- · Effectively removes dead skin cells.
- · Improves the skin texture.
- · Smooths out wrinkles.
- · Impedes skin ageing.
- Minimises skin damage caused by the sun (pigmentation).
- · Restores skin elasticity.
- Minimises visible capillaries.
- It is recommended as a comprehensive treatment before applying permanent make-up, before and after using fillers and before and after aesthetic procedures.
- · Improves acne and skin impurities.
- · Minimises skin pigmentation.
- Smooths out scars.

All Reviderm dermal cosmetic treatments are suitable for men and women. The basic treatment is Microdermabrasion basic, which is suitable for all skin types.

	DURATION	PRICE
Beauty break	30 min	45€
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A quick treatment based on the skin's needs. If you want to see how effective REVIDERM cosmetics are, if you don't have much time, or if you want to make sure that your make-up is perfect.

The treatment includes: Surface cleansing, scrub, mask, cream.

Ultrasound basic 70 min 90 €

The basic ultrasound treatment is suitable for all skin types. As a modified extra service, it heals the skin, making it suitable for skin that exhibits pathological symptoms during therapy. The skin cells oscillate gently, creating a micro massage effect throughout the tissue. Blood circulation in the capillaries is stimulated, optimising the supply of oxygen and nutrients to cells.

The treatment includes: surface cleansing, scrub, concentrate, ultrasound, mask, application of active ingredients, and finishing cream

Microdermoabrasion basic

The basic SkinPeeler treatment is suitable for all skin types. As a modified extra service, it heals the skin, making it suitable for skin that exhibits pathological symptoms during therapy. The process stimulates the renewal of epidermis cells, thickens the epidermis and dermis, and increases local blood circulation in the skin, thus boosting the absorption of active ingredients.

The treatment includes: surface cleansing, scrub, microdermabrasion, mask, application of active ingredients, and finishing cream.

Anti OX tretma 90 min 140 €

Ideal for skin that is especially stressed by internal and external factors and is exposed to oxidative stress The skin condition is characterised by signs of aging in the skin caused by oxidation. This includes lines, wrinkles and lack of firmness to elastosis, vessel damage and keratinisation. The complexion appears sallow, with skin showing signs of dehydration. Oxidative stress damages cells and leads to premature decomposition of collagen and other degenerative processes. Stimulating the skin's own repair mechanisms, combined with balancing moisture penetration and detox components, revitalises tissues with long-term effect.

The treatment includes: surface cleansing, scrub, circulation mask, microdermabrasion, moisturising massage, active ingredients, mask, finishing cream.

Global anti-aging

Ideal for skin in need of regeneration with moderate to distinct signs of aging skin The skin condition is characterised by coarsened skin texture caused by age or light exposure, with wrinkles and lack of firmness to elastosis. The complexion appears dull and contours sag. Vessel damage may be visible. In the case of pronounced light-induced aging, the skin may appear rough to leathery. Degradation processes in the matrix, cell damage and prolonged cell turnover contribute to this decline in the skin. Stimulating the skin's own repair mechanisms in the epidermis and dermis smoothes the surface and builds up new skin volume from within.

The treatment includes: surface cleansing, scrub, circulation mask, microdermabrasion, ultrasound, concentrate, mask, and finishing cream

110 min

DURATION

80 min

170 €

PRICE

115 €

DURATION PRICE
Eye care 30 min 29 €

The skin around the eyes is eggshell-thin and has almost no sebaceous glands. This and especially the extra stress from facial expressions makes the skin particularly vulnerable to lines and mimic wrinkles. Therefore the eye area should receive intensive care even during youth. eye care can be integrated perfectly as an add-on into any treatment process. Just a bit of effort for a huge effect!

DERMAPEN 50 min 140 €

The fast pace of life, stress and other external factors can cause the skin to lose its glow and youthful appearance. DERMAPEN microneedling dermal therapy stimulates collagen production and skin regeneration. The treatment includes surface cleansing, enzyme exfoliation, the application of active ingredients, DERMAPEN microneedling dermal treatment, a mask and a cream suited to your skin type. The result is skin that looks refreshed

The DERMAPEN is a medical device designed to cause microdamage to the skin using tiny needles of various lengths (0.5-2.0 mm). This new, minimally invasive treatment naturally boosts collagen production in the skin, so it is also known as collagen induction therapy. It is used to treat scars, wrinkles and stretch marks. It is normal for some redness to appear after the procedure. This will usually subside within 24 to 48 hours. It is important not to use make-up for 12 hours after the treatment and to avoid the sun for at least 5 days.

The treatment includes: surface cleansing, scrub, application of active ingredients, DERMAPEN microneedling dermal treatment, a mask and a cream suited to your skin type.

Surcharge

Deep facial cleanse	20 min	12 €
Microdermoabrasion	15 min	20 €

The indications for collagen induction therapy are:

- · wrinkles,
- deep and shallow lines,
- scars acne scars, enlarged pores, scars from burns and surgical procedures,
- · acne,
- · stretch marks,
- · the rejuvenation of sun-damaged skin,
- skin hyperpigmentation post-inflammation (caused by acne),
- · dark patches caused by a hormonal imbalance (melasma),
- skin damage caused by UV rays.



Facial treatment with BABOR COSMETICS

duration 60 min	TIME 60 €
90 min	70 €
90 min	95 €
60 min	60 €
90 min	70 €
up to 20 min	12 €
up to 10 min	10 €
up to 30 min	20 €
up to 40 min	28 €
l	90 min 90 min 90 min 40



MED CONTOUR, body shaping with immediate effects

Med Contour body shaping method brings new dimensions to body shaping. It is a completely safe, non-invasive, painless, and pleasant procedure based on ultrasound, vacuum massage, and lymphatic drainage. Even after the first 1-hour visit, your waist, thighs, and buttocks will be reduced by up to 2.5 cm, while the cellulite situation and skin tone will visibly improve. The effects of the treatment are imm ediate and long-lasting.

- Reduces fatty tissue by up to 2.5 cm in 45 minutes
- · One of the most effective non-invasive methods for reducing excessive fat
- A combination of ultrasound therapy, vacuum massage and lymphatic drainage
- A targeted effect on even the deepest parts of fatty tissue and effective at treating cellulite and improving skin firmness and elasticity
- The treatment is carried out under the supervision of a physician of a physician. It involves no surgery, no pain and no recovery time.
- According to world renowned physicians, the treatment is a leading alternative to surgical liposuction

The treatment itself is a pleasant experience that patients have described as a hot deep-tissue massage. The optimum number of treatments is three to five, depending on your physical condition and your wishes.

100% safe treatments!

Ultrasound that targets the subcutaneous tissue to destroy fat cells without damaging the skin or tissue. Currently the world's only ultrasound machine with an FDA licence (Food and Drug Administration) and a CE 0476 certificate, it is also the only pa-tented device that sucks in tissue, employing modulated low frequen-cies and targeted ultrasound for controlled treatment. Thanks to unique technology, Med Contour is able to penetrate much deeper into the tis-sue, while also offering the highest level of safety

compared to many ot-her non-certified devices on the market. At the same time, Med Contour is the first device with an integrated lymphatic massage head for com-prehensive, risk-free treatment.

Contraindications

Med Contour treatments are suitable for everyone, provided that:

- The user should have healthy, 100% functioning kidneys and liver
- There are no metal implants on any person in the vicinity
- The user has no cardiovascular diseases
- The user has no metabolic diseases
- The user has no other serious diseases
- The user is not pregnant
- The user is not suffering from thrombosis
- The user is not affected by serious fat metabolism disorders
- The user is not undergoing anticoagulant therapy
- The user does not have a pacemaker

	DURATION	PRICE
Individual body treatments		
Med Contour body shaping treatment - abdomen	up to 120 min	240 €
Med Contour body shaping treatment - legs	up to 120 min	240 €
Med Contour body shaping treatment – upper arms	up to 90 min	80 €
Med Contour body shaping treatment	up to 90 min	80 €
Two areas		
Med Contour body shaping treatment - abdomen and legs	up to 240 min	333 €



AFRODITA cosmetic treatments

	DURATION	PRICE
Cleopatra ritual with body massage The ritual starts with a sugar scrub and Sweet Honey mask with royal jelly and coconut oil, followed by a massage with Sweet Honey butter and Sweet Vanilla. The treatment nourishes the skin and stimulates blood circulation.	90 min	85 €
Zen ritual with body massage The ritual starts with a rice scrub and a refreshing antioxidant Art of Spa yoghurt mask with green tea, followed by a massage with green tea oil and Art of Spa green tea lotion. After the ritual, the skin is soft and nourished.	90 min	70 €
Anti-age grape ritual Grapes and wine are part of the mythical recipe for eternal youth. The grape ritual is perfect for pampering skin that needs reinvigoration and toning with an anti-age effect. The power of antioxidants stimulates cell regeneration, while also protecting the skin from external factors. The ritual starts with a grape scrub and an Art of Spa yoghurt and grape mask, followed by a massage with Art of Spa grape sorbet and grape oil.	90 min	75€
Perfect Code facial treatment with wine uplift Ice Mask The formula uses peptides and a bio-active enzyme for a 4-in-1 effect: it fills in wrinkles, stimulates cell renewal and the synthesis of key building blocks of the skin, protects the skin from harmful external factors, and makes it look rejuvenated overnight, even after the first use. The ice mask is used to further boost hydration and the lifting effect. The treatment includes cleansing, scrub, massage, and mask.	70 min	68€
Sumptuous anti-age treatment with pure gold This facial treatment with pure gold is a royal experience that will give your skin a dazzling glow and a visibly rejuvenated appearance. Particles of 24k gold and soy isoflavones have an intensive firming and smoothing effect on the skin. The treatment includes surface cleansing, scrub, massage, and mask.	70 min	98 €

Anti-cellulite body treatments

Cavitation A non-invasive, painless and effective method of body shaping, reducing fat cells; a safe alternative to liposuction.	duration 40 min	PRICE 48 €
Lipo detox – anti-cellulite body treatment An exceptionally effective anti-cellulite procedure for the loss of inches and the gradual elimination of cellulite. Skin will be smooth and firm.	60 min	48€
Body wrapping - Cinemon AHA cream forte A procedure to eliminate soft cellulite, activate the lymphatic system, accelerate fluid clearance, and promote fat burning with a thermal effect. The whole body is under treatment.	70 min	49 €
Body wrapping with Lipolit CC & GRAPEFRUIT & CECROPIA cream – body treati	90 min ment	55€

The active ingredients work together to reduce fat cells and eliminate the residual products from the skin. The procedure has a strong cooling effect and is also suitable for people who have problems with broken veins.

Body wraps

Escape to a sensory world. The active ingredients of our products will have beneficial effects on your skin and will rejuvenate it. You can select from the following coverings.

Body wraps DURATION PRICE up to 30 min 29 €

- · Joghurt wrap with orange and white chocolate
- · Yoghurt mask with green tea
- · Joghurt wrap with grape

Body peeling

Beautiful and soft skin requires care and peel. The latter softly removes the surface layer of dead cells. The peeling effect is seen immediately after the treatment.

Peelings Up to 30 min PRICE Peelings Price 28 €

- · Wine peeling for young and fresh skin
- · Mango peel for elastic and firm skin
- · Coconut peel for soft and nurtured skin
- · She coffee peel for a better skin tone

Hair removal with wax

		PRICE
Depilation of legs up to the knee	up to 20 min	25 €
Thighs depilation	up to 20 min	28 €
Full legs depilation	up to 50 min	38 €
Arms depilation	up to 20 min	20 €
Bikini zone	up to 20 min	20 €
Upper lip/chin	up to 10 min	12 €
Back or chest hair removal (men)	up to 30 min	25 €

Manicure and hand care

Wellness manicure Classic manicure, hand peeling and mask, nail polishing and a present: nail polish and a nail file.	DURATION up to 90 min	PRICE 48€
Classic manicure Nail shaping, nail polishing and a present: nail polish and a nail file.	up to 55 min	35 €
Nail polishing Present: nail polish	up to 20 min	15 €

Permanent nail polish

Application of permanent nail polish fingernails only or toenails only	DURATION up to 60 min	PRICE 30 €
Application of permanent nail polish fingernails and toenails	up to 90 min	45 €
Removal of permanent nail polish fingernails or toenails	up to 30 min	15 €
Correction - 1 nail	up to 15 min	5€

Pedicure and foot care

Emperor's pedicure Bath, classic pedicure, peeling, foot wrap, foot massage	DURATION up to 90 min	PRICE 50 €
Wellness pedicure Classic pedicure, peeling, foot massage	up to 70 min	45 €
Classic pedicure The removal of thickened skin, nail trimming and the application of cream	up to 45 min	30 €
Nail polishing after pedicure	up to 10 min	6 €

Thermal baths

Our thermal baths are for relaxation, for better overall well-being and regeneration. After the thermal bath, you will feel rested and relaxed and your skin will be soft and smooth.

	DURATION	PRICE
Relaxation thermal bath for 1 person	30 min	28 €

Choose your favourite scent:

- Wine bath (Grapes)
- · Cleopatra bath (Milk & Honey)
- Relaxing bath (Lavender)

Relaxation thermal bath for 2

Pampering for 2 in divine thermal baths is a special experience that will bring you to a state of full relaxation. After the bath, you will be filled with energy and your skin will be soft and fragrant.

DUDATION

DDICE

	DURATION	PRICE
Thermal baths	60 min	55 €
The service includes: fresh cut fruit and table water.		
Choose your favourite scent:		
· Amor bath (Jasmine)		
 Oriental bath (Rosewood, Jasmine, Ylang-Ylang) 		
· Romeo & Juliet (Geranium & Rose)		
· Coconut dreams (Coconut, Pineapple)		
· Venus bath (grapes)		

Our Love 90 min 79 €

Service includes: Venus Candlelight Bath, Primus Love Potion – a cocktail, chocolate fondue with fresh cut fruit, table water.

Programmes for two persons

A thermal bath will relax and regenerate your body and soul. You will feel great after the bath and your skin will feel soft and tender.

	DUDATION	DDICE
	DURATION	PRICE
Oriental or Japanese Suite rental	120 min	120 €
Oriental or Japanese Suite rental	150 min	140 €
Oriental or Japanese Suite rental	180 min	160 €

Rental includes:

- · a bath for 2
- private use of Finnish sauna and Turkish bath in the suite (for 2 persons)
- sparkling wine (0.375 l)
- fresh cut fruit and table water

VIP treatment in the Oriental or	Japanese suite	150 min	180 €
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- · a bath for 2 persons
- use of a private Finnish sauna and steambath for 2 persons at the Suite
- 2 x back massage (1 per person), 30 min
- sparkling wine (0.375 l), fresh cut fruit and table water

AMOR Wellness at the Oriental or Japanese Suite 170 min 195 €

- · a bath for 2 persons
- use of a private Finnish sauna and steam bath for 2 persons at the Suite
- the Valens Augusta massage for 2 (1 per person), 2 x 50 minutes
- sparkling wine (0.375 l), fresh cut fruit and table water

Culinary treats:

Coldcuts for 2 persons, 2 glasses of sparkling wine (0,1 l each)	PRICE 16 €
Lucullus platter with smoked ham 2 glasses of red wine (0,1 l each)	14 €
Fruit platter and three sorts of cheese	13 €
Primus cake for 2 persons	6€
Chocolate fondue with fruit	10 €
Fruit cup with ice-cream for 2 persons	8€
Sparkling wine, silver vintage 0,375 l	9€
Romantic dinner for two (5-course menu and a glass of sparkling wine) for 2 persons	58 €



Wellness packages

Anti-stress ritual Relaxation bath Joghurt wrap with orange and white chocolate NAnti-stress« head and back massage	DURATION 80 min	PRICE 80 €
Egyptian beauty Cleopatra bath Shea coffee peel Classic manual whole-body massage	100 min	86€
Valens Augusta ritual Mango peel Joghurt wrap with tropical fruit Valens Augusta body massage	100 min	89€
The Empress Flavia Experience – for women Coconut body peel Joghurt wrap with orange and white chocolate Cocoa massage Facial treatment with respect to the skin type, without deep clean	170 min	148 €
Emperor Vespasian's Experience – for men · Wine bath · Relaxation massage with wine oils · "Men relax" - facial treatment (60 min)	140 min	120 €
Detox wellness - body-detoxification-program · Wine bath, 20 min · Wine peeling, 20 min · Lipo detox wrap, 40 min · Lymphatic drainage (PRESSO), 40 min · Entry into the hotel swimming pools and saunas on the day of the programme, up to 4 hours		135 €
Individual lease of the Emperor Pool,	120 min	200 €

up to 30 persons (for celebrating birthdays, hen parties, anniversaries, and other occasions)

Reservations

It is recommended to make reservations a few days ahead of the desired term. If you are unable to attend a booked service, you are kindly asked to cancel your reservation at least one day before. If you do not cancel a booked service and do not intend to use it, you will be charged the full value of the service.

Recommendations

To prepare yourself for a relaxing experience, it is recommended that you come to the Valens Augusta Wellness centre 10 min before the beginning of the treatment. If you are late for your service, it will be shortened to allow the therapist to be on time for his/her next appointment. Eating large meals or drinking alcoholic beverages is not recommended before the therapy. Please advise the therapist before the start of the treatment if there are any unusual circumstances regarding your health that he/she should be aware of. Guests with more severe health issues should consult their personal doctor before any treatment.

Payments

The bill for the finished treatment can be settled at the reception desk of the Valens Augusta Wellness by cash or credit card. If you are a guest in one of the firm's own capacities, you are given the chance to send the bill to your room and pay it at the end of your stay.

Gift voucher

Surprise your close ones, friends, acquaintances, business partners with a memorable experience, carefree relaxation, and complete indulgence. We will be happy to recommend and advise you on the selection.

Working hours The empire of well-being:

Monday - Thursday: 10 AM to 8 PM Friday, Saturday: 9 AM to 9 PM

Sunday: 9 AM to 6 PM

Contact

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TERME PTUJ

SAVA HOTELS & RESORTS

Prices are in EUR and shall apply as of 1. 9. 2020. Prices include VAT in accordance with the law. We reserve the right to change prices.

Sava Turizem d.d.

Terme Ptuj, Pot v toplice 9, 2251 Ptuj Medico wellness center Valens Augusta v Grand Hotelu Primus****s