

A large, elegant indoor swimming pool with a central fountain and classical columns. The pool is surrounded by a white marble floor and a glass railing. In the background, there are several white lounge chairs and a reception desk. The overall atmosphere is clean, bright, and sophisticated.

The elegance
of relaxation

SPA LUISA
GRAND HOTEL TOPLICE



A woman in a white uniform is walking in a bright, airy spa lounge. She is carrying a tray with white towels and a basket. The room has large windows with a view of a lake and greenery. There are white lounge chairs with orange cushions in the background.

Spa Luisa

The smaller Spa Wellness Centre on the Bled Lake shore is an intimate sanctuary for everyone who wants relaxation, peace and privacy. The elegant environment and the view of the Bled panorama makes every service a special experience.

The special feature of the Luisa Spa is an elegant thermal spa built in 1925, which is filled from a healing thermal water source. The source (22°C) has been associated with healing effects for almost two centuries. The effects of drinking and bathing in thermal water are immediately evident. Bathing in thermal water has a soothing effect on the cardiovascular system, while drinking it helps to relieve stomach problems.

Choose from relaxing and soothing massage therapies, peels, anti-cellulite programmes, baths, pampering for two, and sauna sessions.

Massage

	DURATION	PRICE
Luisa massage	80 min	100,00 €
<p>A special service offered by the Wellness is a whole-body massage, including a face, scalp and foot massage, with warm aromatic oils, which have a very positive relaxing effect on the entire body. To increase the relaxation, the body is kept warm with special heat packs.</p>		
Classical massage	50 min	65,00 €
Classical massage	80 min	95,00 €
<p>This full-body massage is beneficial for general wellbeing, improves blood circulation and relaxes the muscles, nervous system and joints.</p>		
Classical massage with warm herbs	50 min	70,00 €
<p>A full-body massage with a combination of warm herbal bundles that improves circulation, relaxes tense muscles and improves general well-being. The bundles of healing herbs have a positive effect on the skin and a pleasant smell that helps you achieve deep relaxation.</p>		
Partial massage	20 min	30,00 €
<p>Back or foot massage that improves blood circulation in the muscles and relaxes muscle tension.</p>		
Antistress massage	50 min	65,00 €
<p>The antistress massage eliminates physical and emotional stress and relaxes tense muscles. The main focus areas are the back, legs, scalp, face and feet.</p>		
Chocolate massage	50 min	70,00 €
<p>This massage with cocoa bars made from natural cocoa butter is excellent for relaxation and pampering, as it moisturises and nourishes your skin.</p>		

DURATION

PRICE

	DURATION	PRICE
<p>Sports massage</p> <p>The stronger pressure, kneading and rubbing improves the flexibility and endurance of the muscles and joints.</p>	70 min	95,00 €
<p>Pain relief massage</p> <p>We perform this massage on the part of the body affected by pain. It releases tension and mitigates functional disorders.</p>	50 min	80,00 €
<p>Aroma massage</p> <p>This massage with aromatic oils improves your physical and mental well-being. It eliminates the stress accumulated in your everyday life, helps you create balance and improves your mood.</p>	75 min	95,00 €
<p>Massage mosaic</p> <p>Relaxing combination of facial massage, body massage and foot massage. The massage is complemented by warming of the body with warm herbs and relaxation over selected soothing teas.</p>	80 min	100,00 €
<p>Foot massage</p> <p>Foot massage for total comfort and relaxation.</p>	25 min	35,00 €
<p>Body scrub before the massage</p> <p>The body scrub removes dead skin cells and prepares the body for further treatment.</p>	20 min	30,00 €

Anti-cellulite programmes

	DURATION	PRICE
Lipo-detox This detox treatment, which also dissolves fat cells, includes: <ul style="list-style-type: none">• the application of an activator and slimming cream to cellulite-affected areas,• wrapping cellulite-affected areas in foil,• finishing the treatment with a drainage cream.	60 min	70,00 €
Anti-cellulite massage This massage of problematic body parts improves the skin tone and blood circulation, and helps eliminate cellulite.	45 min	60,00 €
Algae mask Algae contain natural minerals and vitamins that are absorbed by the body. The algae mask has a detoxifying effect, improves the metabolism and helps clean the skin, leaving it with a better tone and elasticity.	40 min	45,00 €
Anti-cellulite day In addition to the anti-cellulite treatment – body scrub, 20 min, anti-cellulite massage, 45 min, and algae mask – the anti-cellulite day includes all-day access to the pools and saunas.		125,00 €

Rituals

	DURATION	PRICE
Luisa's beauty spring for her For ladies who know that relaxation and care for your self are the keys to a beautiful and fresh appearance. <ul style="list-style-type: none">• Aromatic bath to enhance the elasticity of the skin,• relaxing full-body massage,• creaming of the body with a firming and anti-ageing effect,• facial massage and beauty mask.	110 min	150,00 €
Luisa's energy elixir for him For gentlemen who appreciate the power of nature and its best ingredients and positive energy, provided by the touch of the human hand. <ul style="list-style-type: none">• Aromatic massage bath for the revitalisation of the body,• relaxing full-body massage, focusing especially on the back and shoulders,• foot massage.	100 min	125,00 €
Sweet embrace of chocolate The power of natural ingredients melts away tension, exhaustion and stress in this exotic ritual treatment. <ul style="list-style-type: none">• Full-body chocolate scrub,• full-body massage with dark chocolate oil,• rest in a warm chocolate wrap for total relaxation.	100 min	120,00 €
Grape anti-aging ritual A luxurious treatment for the complete revitalisation of the skin, which invigorates the body and mind. <ul style="list-style-type: none">• Aromatic grape body scrub,• relaxing full-body massage,• firming rejuvenating mask,• treatment with a luxurious cream with a rejuvenating effect.	110 min	140,00 €

Baths for one or for two

	DURATION	PRICE
Romantic bath	40 min	65,00 €
<p>A romantic candlelight massage bath with a glass of sparkling wine. The relaxing effect of the bath is increased thanks to the essential oils and ocean minerals that refresh the body and mind with the power of aromatherapy.</p>		
Aromatic bath	40 min	60,00 €
<p>A special refreshing bath with essential oils that fills your body with the energy of nature.</p>		

Relaxation for two*

Luisa Duet package for two	PRICE
<ul style="list-style-type: none">• A relaxing bath for two (40 min),• Luisa massage (80 min).	240,00 €
“Romantic duo” package	225,00 €
<ul style="list-style-type: none">• Bath with rose oil alongside a glass of champagne (40 min),• full-body massage with warm oils (50 min),• use of the pool and saunas.	
Herbal Relaxation package	225,00 €
<ul style="list-style-type: none">• Aromatic bath for full-body relaxation (40 min),• massage with warm herbal bundles (50 min),• use of the pool and saunas.	

* Hotel guests are entitled to a **10% discount** on packages which include the saunas.

Pools and saunas

	PRICE
Saunas with swimming pool - day ticket	25,00 €
Swimming pool - day ticket	10,00 €
Surcharge for the outdoor lake bathing area (when purchasing the sauna ticket)	10,00 €
Bathrobe hire	5,00 €
Towel hire	3,00 €
Day ticket for the outdoor lake bathing area (includes rental of a lounge, sun umbrella and towel)	25,00 €

Luisa Spa

Recommendations

We recommend that you arrive at least 10 minutes before the treatment to better prepare for the relaxing experience. Heavy meals and alcoholic beverages are strongly discouraged prior to the therapy. Please advise your therapist of any ailments you may have prior to the treatment.

Reservations

We recommend that you book the services of the Luisa Spa in advance.
Tel.: **+386 (0)4 579 13 71**, E-mail: **spaluisa@sava.si**.

Cancellations

Should you wish to cancel your reservation, please advise us at least 24 hours beforehand. Should you fail to cancel your booking, we will be obliged to charge you 50% of the price of the reserved service.



GIFT CERTIFICATES

Do you want to surprise your nearest and dearest? Gift them with heavenly relaxation. For more information, ask at the Luisa Spa reception.





GRAND HOTEL TOPLICE

SAVA HOTELI BLED



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All prices are in EUR and inclusive of VAT. The price list applies as of 18.8. 2024. We reserve the right to change the prices.