



Activities for every day

From Monday to Saturday

- 7.30** Workout for a healthy heart
Health Lounge
- 8.00** Water workout
Thermal pool (Mon-Fri)
- 8.00** Blood pressure measurements
Health Lounge
- 8.30** Fitness exercises
Fitness Club at Hotel Izvir
- 9.00** Workout for a healthy spine
Corrium gym
- 9.45** Aqua fitness
Swimming pool
- 11.00** Presentation of the wellness service of the day
Health Lounge
- 12.00** The Springs of Life Trail
We'll meet up in front of Hotel Radin

Monday

- 10.00** Info hour for our guests
Health Lounge
- 13.00** A visit to the home of sparkling wine
10,00 €/person
- 16.00** Mini folk fair
In the hotel lobby

Tuesday

- 14.30** A visit to the home of sparkling wine
10,00 €/person
- 15.00** Nordic walking
We'll meet up outside Hotel Radin
- 16.00** Mini folk fair
In the hotel lobby

Wednesday

- 14.00** Learn the basics of fitness exercises
Hotel Izvir
 - 16.00** Mini folk fair
In the hotel lobby
 - 18.00** An evening of traditional food with live folk music
- Every Wednesday** Volunteering at the DOSOR Radenci retirement home. More information is available from the coordinators of the entertainment programme.

Thursday

- 8.30** Daytrip to Lenti
12,00 €/person
- 16.00** Mini folk fair
In the hotel lobby

Friday

- 14.30** A visit to the home of sparkling wine
10,00 €/person
- 16.00** Mini folk fair
In the hotel lobby
- 16.00** Daytrip to the Kupljen winery
9,00 €/person
- 19.00** Pomurje film night
Health Lounge
- 20.00** Dance music
At the Swing Café

Saturday

- 9.00** Daytrip to a tropical garden and to Hungary
15,00 €/person
- 16.00** Mini folk fair
In the hotel lobby
- 20.00** Dance music
At the Swing Café

Sunday

- 8.00** Holy Mass
At the church
- 9.00** Daytrip to Maribor
19,00 €/person
- 10.00** Holy Mass
At the church
- 16.00** Mini folk fair
In the hotel lobby



ZDRAVILIŠČE RADENCI

SAVA HOTELS & RESORTS