



## Activities for every day

### Every day

- 16.00-16.20** Water workout  
Recreational pool in the Thermal Park
- 16.30-17.00** Children's games  
Children's pool in the Thermal Park
- 17.15-17.35** Water workout  
The hotel's Vespasianus pool complex

There will be no water activities on 1.1. 2020.

### Monday

- 17.00, 18.00 and 19.00\*** Sauna rituals (honey, clay wrap, and salt) The Flavia world of saunas at GH Primus
- 17.45-18.45\*\*** Pilates  
Surcharge for hotel guests: EUR 5 per person. Meeting point: Wellness reception.

### Tuesday

- 8.30-8.50\*\*** Well-being workout at the Pinwheel of Health.  
We'll meet up in the hotel lobby at 8.30.
- 12.15\*\*** A tour of the Ptuj wine cellar with multivision and a tasting of three types of wine. We'll meet in the hotel lobby. EUR 7 per person
- 17.00, 18.00 and 19.00\*** Sauna rituals (honey, clay wrap, and salt) The Flavia world of saunas at GH Primus
- 20.00-22.00** Music night  
Hotel lobby
- 20.00** Social games night – BINGO  
Cicero Hall

### Wednesday

- 10.00\*\*** Walk to the Mithraeum III in Hajdina, easy 30 min walk.  
We'll meet in the hotel lobby at 10 am.
- 17.00, 18.00 & 19.00\*** Sauna rituals (honey, clay wrap, and salt) The Flavia world of saunas
- 17.45-18.45\*\*** Pilates  
Surcharge for hotel guests: EUR 5 per person. Meeting point: Wellness reception.

### Thursday

- 17.00, 18.00 & 19.00\*** Sauna rituals (honey, clay wrap, and salt) The Flavia world of saunas
- 17.00-17.45\*\*** Qi Gong breathing techniques  
Surcharge for hotel guests: EUR 5 per person. Meeting point: Wellness reception.

### Friday

- 14.00, 15.00 & 16.00\*** Sauna rituals (honey, clay wrap, and salt) The Flavia world of saunas at GH Primus
- 17.45-18.45\*\*** Yoga and face yoga  
Surcharge for hotel guests: EUR 5 per person. Meeting point: Wellness reception.
- 18.00, 19.00 & 20.00\*** Sauna rituals (honey, clay wrap, and salt) The Flavia world of saunas
- 20.00-22.00** Music night  
Hotel lobby

### Saturday

- 10.00-11.00** Children's creative workshops  
Entertainment room
- 12.15\*\*** A tour of the Ptuj wine cellar with multivision and a tasting of three types of wine  
We'll meet in the hotel lobby. EUR 7 per person
- 14.00, 15.00 & 16.00\*** Sauna rituals (honey, clay wrap, and salt) The Flavia world of saunas
- 18.00, 19.00 & 20.00\*** Sauna rituals (honey, clay wrap, and salt) The Flavia world of saunas
- 19.30-20.30** Children's creative workshops  
Entertainment room
- 20.00-22.00** Music night  
Hotel lobby

### Sunday

- 14.00, 15.00 & 16.00\*** Sauna rituals (honey, clay wrap, and salt) The Flavia world of saunas
- 18.00, 19.00 & 20.00\*** Sauna rituals (honey, clay wrap, and salt) The Flavia world of saunas

\*\* Please sign up at the reception in GH Primus. More information on activities and daytrips is published on the notice boards.

\* There is a surcharge of 6.00 € on weekdays and 7.00 € on weekend and holiday per person for guests whose accommodation packages do not include the world of saunas.

# TERME PTUJ

SAVA HOTELS & RESORTS